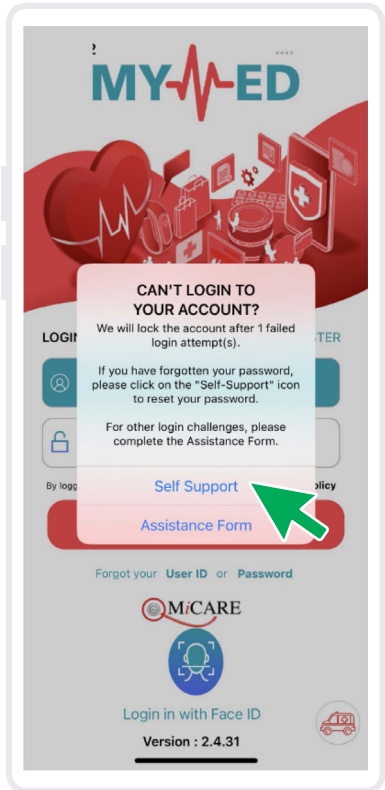


MyMed Mobile Guide:
Forgot User ID

Step 1



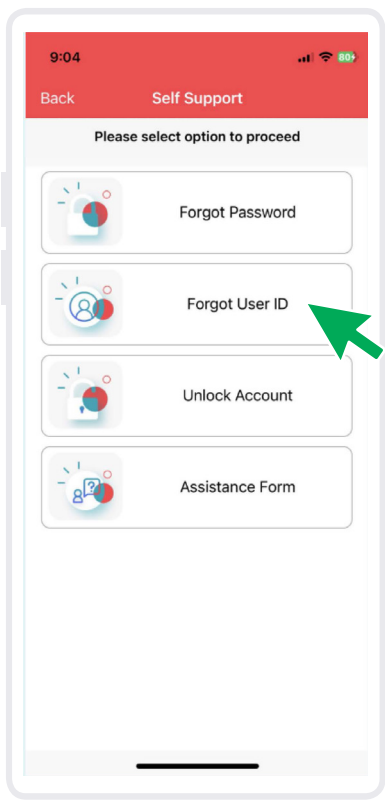
Open the app and navigate to the **“Self Support”** section



Step 2



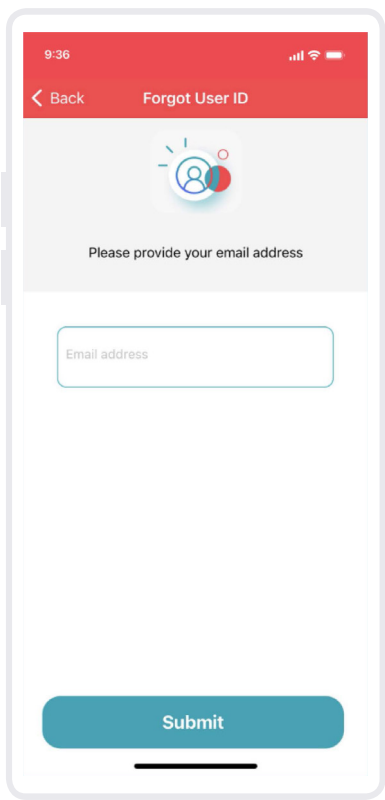
Choose the **“Forgot User ID”** option to proceed



Step 3



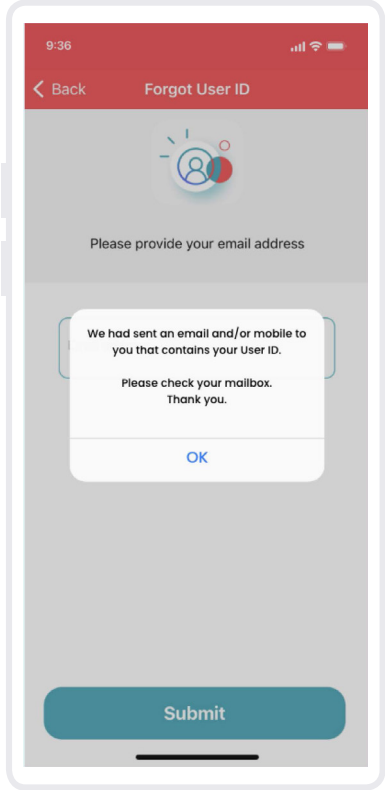
Enter the **email registered** with your MyMed App



Step 4



You will **receive an email** containing your forgotten User ID



Should you encounter any issues or require further assistance, kindly contact MiCare 24/7 Hotline at **1300 88 0100**.